

CENTERS FOR INDEPENDENT LIVING

17 CENTERS FOR INDEPENDENT LIVING 3 SATELLITES

What is a Center for Independent Living?

Centers for Independent Living, often referred to as “CILs,” are non-residential places of action and coalition where people with disabilities develop skills and increase empowerment so that they can live independently in their community. CILs provide an array of independent living services and advocacy to promote and support leadership, independence and productivity. Centers work directly with individuals with disabilities and on behalf of them, advocating in local communities to remove barriers to independent living and ensure equality.

How are Centers for Independent Living funded?

Centers are non-profit organizations that are funded by state, federal, local and private dollars. The Virginia Department for Aging and Rehabilitative Services (DARS) is the agent through which state and some federal funds are granted to CILs.

Who do Centers for Independent Living serve?

Centers provide services to individuals with significant disabilities as well as to the community at large. This includes youth transitioning to adulthood, people living in institutions and those wishing to avoid institutionalization.

Core services provided to individuals with significant disabilities:

- Advocacy
- Peer counseling
- Independent living skills training
- Information and referral
- Transition services

Services to the community include:

- Systems change advocacy
- Disability awareness
- Community education
- Technical assistance
- Information and referral

During Federal Fiscal Year 2022, Virginia’s CILs fulfilled over 30,000 requests for services, with core services provided to over 9,000 individuals with significant disabilities.

How are Centers for Independent Living created?

CILs are created through the efforts of people with disabilities, their families, friends and other interested people. Successful establishment of a CIL depends on networking, personal involvement, coalition- building and commitment to the empowerment of persons with disabilities.

Visit our website: www.vadars.org/cbs/cils.htm

Subscribe to our newsletter: <https://tinyurl.com/ILImpact>



VIRGINIA DEPARTMENT FOR AGING
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PLANNING DISTRICTS & CIL LOCATIONS

- 1 Big Stone Gap
- 2 Grundy
- 3 Abingdon
- 4 Radford
- 5 Roanoke
- 6 Harrisonburg
- 7 Winchester
- 8 Arlington
- 8 Loudoun (satellite)
- 9 (Upper) Manassas
- 10 Charlottesville
- 11 Lynchburg
- 12 Rocky Mount
- 15 Richmond
- 16 Fredericksburg
- 18 Middle Peninsula (satellite)
- 19 Petersburg (satellite)
- 22 Belle Haven
- 23 (Upper) Hampton
- 23 (Lower) Norfolk

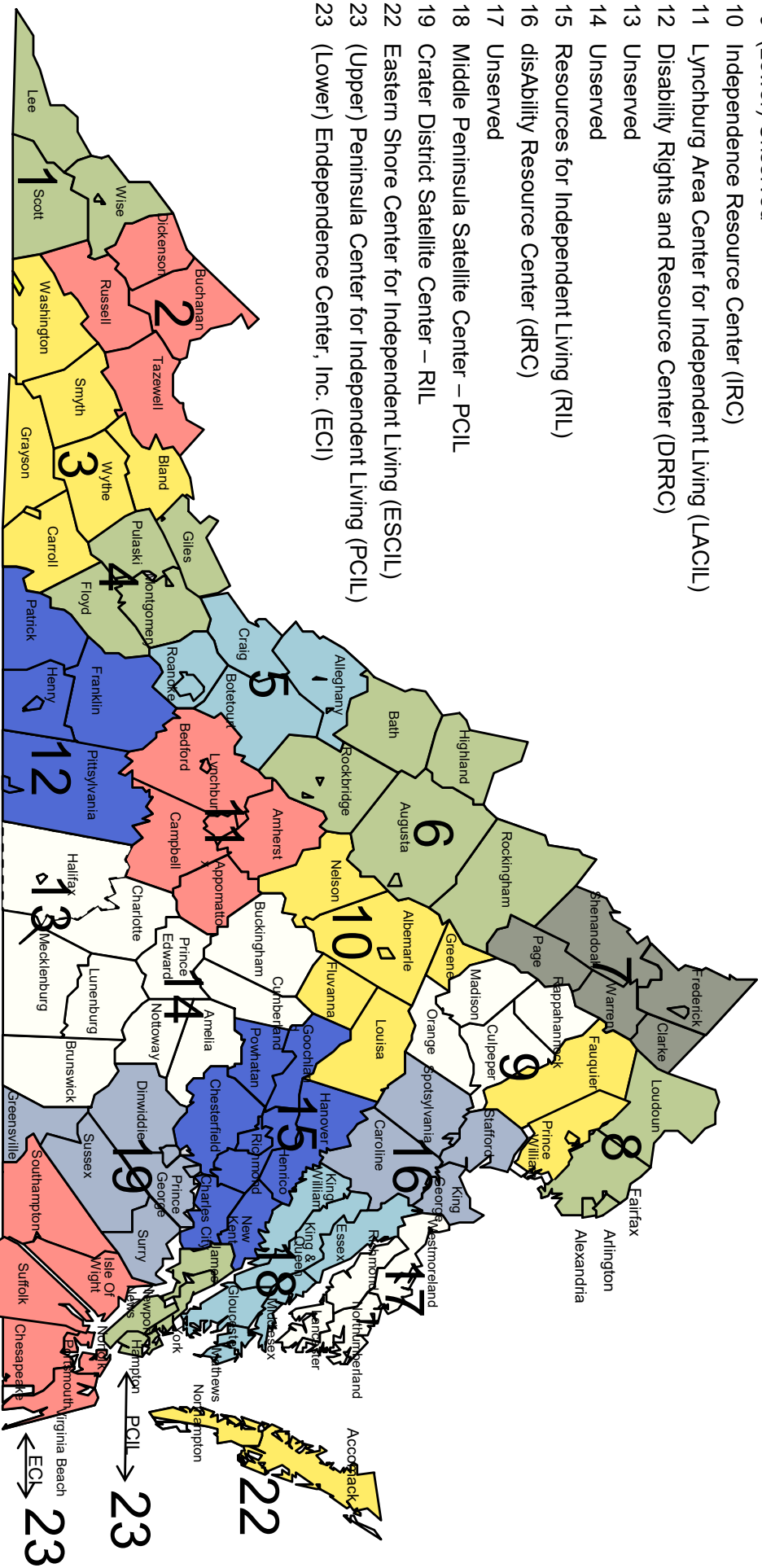


Centers for Independent Living (CILs)

By Planning District

2023

- 1 Junction Center for Independent Living (JCIL)
- 2 Clinch Independent Living Services (CILS)
- 3 Appalachian Independent Living Center (AIC)
- 4 New River Valley Disability Resource Center (NRVDRC)
- 5 Blue Ridge Independent Living Center (BRILC)
- 6 Valley Associates for Independent Living (VAL)
- 7 Access Independence (AI)
- 8 ENDependence Center of Northern Virginia (ECNV) & Loudoun Satellite Center – ECVN
- 9 (Upper) Independence Empowerment Center (IEC)
- 9 (Lower) Unserved
- 10 Independence Resource Center (IRC)
- 11 Lynchburg Area Center for Independent Living (LACIL)
- 12 Disability Rights and Resource Center (DRRC)
- 13 Unserved
- 14 Unserved
- 15 Resources for Independent Living (RIL)
- 16 disability Resource Center (dRC)
- 17 Unserved
- 18 Middle Peninsula Satellite Center – PCL
- 19 Crater District Satellite Center – RIL
- 22 Eastern Shore Center for Independent Living (ESCIL)
- 23 (Upper) Peninsula Center for Independent Living (PCL)
- 23 (Lower) ENdependence Center, Inc. (ECI)



White areas are unserved