

Options Counseling

Options Counseling is a program delivered by No Wrong Door Virginia partners to uphold and promote person-centered practices and standards.

Options Counseling Standards in Virginia

Options counseling is delivered by trained professionals who guide people through four stages:

1. Engaging in discovery
2. Developing person-centered plans
3. Facilitating streamlined access to services
4. Providing ongoing follow-up



Options counseling offers people:

- Positive control over the life they desire**
- Recognition for their value and contributions**
- Support through a variety of relationships within their communities**
- Opportunities to be actively engaged during all phases of their lives**