Social Health Kit

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The Social Health Kit includes items that combat loneliness and promote social connections. According to the National Institute of Health's, National Institute on Aging older adults are at higher risk for loneliness and social isolation due to a variety of changes in health and social connections. Through the collaboration of NWD and VATS, this kit and others were developed to connect vulnerable populations to the AT professionals and equipment which will improve social inclusion and minimize stress associated with loneliness.

The Social Health Kit focuses on four (4) main objectives:

- To improve communication/connections with friends and family through automation devices.
- To assist with mental health issues related to isolation through calming, focusing, and anxiety-reducing devices
- To improve security in the home through high-tech devices
- To assist with sanitization of items coming into the home or being shared within the home through cleaning supplies and UV equipment



Swivel Tray Table with Stand Assist

Tray for individuals who benefit from items being at their fingertips. Tray can be used for things like phones, magazines, books, snacks and more. This specific model features a handle for assistance in getting up from a chair.

Smart Speakers (ie. Facebook Portal, Echo Show, Google Home)

Staying in touch with family and friends has never been easier! These devices can be used to check in on someone using the video chat features, access the internet for information, set reminders and more!





Webcams

Webcams are a great way to connect with friends and family virtually. Webcams allow visualization of loved ones, whether connecting one-on-one or in groups.

Wi-Fi Picture Frame

Digital picture frames are devices used to display digital photos without the need of a computer or printer. It can be a great way to share family photos and events all in one place. Some models even allow for family or friends to send photos directly to your frame.





Phone/Tablet Stand

Holding technology devices may not be accessible for all.

Devices such as phone or tablet stands may be a great
option for those who experience pain or are unable to hold
their devices.



Soft Fidget Blanket

Soft fidget blankets have been proven to help soothe and comfort while providing tactile activities. Blankets such as these incorporate items to touch and move in the safety of the individual's lap.

Robotic Companion Pet (Dog/Cat)

Pets such as dogs and cats are known to provide comfort to individuals, however the cost, care and safety can cause pet ownership to be out of reach.

Robotic Companion Pets can be a great option for a realistic, comforting companion pet.







Artificial Fish Aquarium

Artificial Fish Aquariums can be a great option for those who love aquariums and fish, but cleaning a fish tank is not an option. This plug in device looks like an aquarium without all of hassle. Relax as you watch the fish swim across the screen.

Natural Sun Lights (Sun Lamp)

Vitamin D can be hard to get during the winter months when it is too cold to spend time outside. This and other factors can lead to Seasonal Affective Disorder. This Sun Lamp can help bring the sunlight indoors and help brighten your mood during the winter months.





Temporal Orientation Clock

Do you or your loved ones struggle to keep up with time or date? A Temporal Orientation Clock can help through its large display you can easily see the time, day of the week and full date. These are great options for individual who need to visualize the time of day.



Magnifier-Screen Magnifier

This screen magnifier is a great option for individuals who struggle to see the text or photos on their phone screen. The magnifier enlarges your screen for ease of viewing.

Magnifier- Dome Magnifying Glass

This Dome Magnifying Glass is a great option for enlarging printed materials. Its basic, portable design makes it easy to take on-the-go.





Video Doorbells

Video doorbells are one of the best ways to give your loved ones peace of mind. Video doorbells pick up movement in and around your door and allow you to visualize who is at the door. It even allows you to speak directly to person even if you aren't at home.

Outdoor Camera

If the video doorbell isn't providing enough visualization around your home an outdoor camera may be a better option. Outdoor cameras can be installed around the home to provide a 360 degree view and provide the ultimate sense of safety.



Wi-Fi Extender

Access to the internet is an important aspect of many assistive technology devices, but having a strong internet connection is essential. Wi-Fi Extenders can be a great option for individuals who have zones in their homes where the internet is slow or weak.





UV Sanitizing Wand

This UV Sanitizing Wand is an easy way to clean and sanitize items in your home that may be more difficult to sanitize. The UV lights eliminate things like viruses, bacterias and allergens.

UV Smartphone Sterilizing Box

This UV Sterilizing Box is a great option for small technology items such as smartphones. Our phones go with us everywhere attracting all sorts of germs. This box is an easy way to clean it without worrying about damage from liquid cleaners.



Assistive Technology (AT) Consultations

Would you like more information about the items featured in this gallery or not sure what items you or your loved one would benefit from?

We can help!

Contact our AT Specialist for an AT Consultation and to access the items featured in this gallery.

Website: https://easyaccess.virginia.gov/VATS

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